

Clinical Guidelines

2026



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Asthma

- <https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates>
- <https://www.cdc.gov/asthma/hcp/clinical-guidance/index.html>
- <https://odphp.health.gov/healthypeople/objectives-and-data/browse-objectives/respiratory-disease/evidence-based-resources>
- <https://ginasthma.org/>

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Coronary Artery Disease (CAD)

- <https://www.nhlbi.nih.gov/files/docs/guidelines/atp3xsum.pdf>
- <https://www.heart.org/?identifier=500>
- <https://www.acc.org/clinical-topics/acute-coronary-syndromes/atherosclerotic-disease-cad-pad#sort=%40commonsorthdate86069%20descending>
- <https://www.ahajournals.org/doi/abs/10.1161/circulationaha.106.174516>
- <https://professional.heart.org/en/education/cholesterol-for-professionals>
- <https://www.ccjm.org/content/87/4/231>
- <https://www.acc.org/latest-in-cardiology/ten-points-to-remember/2019/03/07/16/00/2019-acc-aha-guideline-on-primary-prevention-gl-prevention>

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Congestive Heart Failure (CHF)

- <https://www.nhlbi.nih.gov/health-topics/heart-failure>
- https://search.ahrq.gov/search?q=congestive+heart+failure&search_icon.x=0&search_icon.y=0
- <http://www.onlinejacc.org/content/53/15/e1.full>
- http://www.onlinejacc.org/content/early/2017/04/20/j.jacc.2017.04.025?_ga=2.267058894.131346218.1536172404-1665190368.1535466857

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Chronic Obstructive Pulmonary Disease (COPD)

- <https://www.nhlbi.nih.gov/health-topics/copd>
- <https://goldcopd.org/>
- <http://www.thoracic.org/statements/copd.php>

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Diabetes

- <http://www.diabetes.org/>
- http://care.diabetesjournals.org/content/40/supplement_1/S4
- <https://professional.diabetes.org/standards-of-care>
- <https://www.acponline.org/clinical-information/guidelines>
- <http://www.joslin.org/>
- <https://pro.aace.com/disease-state/diabetes>

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Pain and Opioid Use

- www.hhs.gov/opioids/index.html
- https://www.cdc.gov/overdose-prevention/hcp/clinical-guidance/?CDC_AAref_Val=https://www.cdc.gov/drugoverdose/pdf/PDO_Checklist-a.pdf
- <https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>
- <http://www.painmed.org/library/clinical-guidelines/>

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Chronic Kidney Disease (CKD)

- https://www.kidney.org/professionals/guidelines/guidelines_commentaries
- <https://www.kidney.org/kidney-topics/chronic-kidney-disease-ckd>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6344397/>
- <https://www.andeal.org/topic.cfm?cat=3927>
- <https://www.healthquality.va.gov/guidelines/CD/ckd/>
- <https://kdigo.org/guidelines/>

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Intellectual and Developmental Disabilities (IDD) and Autism

- <https://www.autismspeaks.org/>
- <http://butterflyeffects.com/>
- <http://www.easterseals.com/northtexas/>
- <https://abilityconnection.org/>
- <https://www.hearcotexas.org/>
- <http://www.theclubhouse.org/>
- <https://mypossibilities.org/>
- <http://training.mhw-idd.uthscsa.edu/>

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Depression

- <https://n.neurology.org/content/82/2/174.short>
- <https://www.samhsa.gov/>
- <https://www.nami.org/Home>
- <https://www.apa.org/depression-guideline/guideline.pdf>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5310101/>
- <https://adaa.org/resources-professionals/practice-guidelines-mdd>
- <https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines>